

What's on the Menu?

ALLEGHANY ELEMENTARY SCHOOLS: March Lunch 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Chicken Nuggets</p> <p>Garden Salad Fun Lunch</p> <p><i>Ranch Potato Wedges</i></p> <p><i>Fresh Fruit</i></p>	<p>2</p> <p>Baked Mozzarella Cheese Sticks w/ marinara</p> <p>Ham & Cheese Sub</p> <p><i>Seasoned Broccoli</i></p> <p><i>Chilled Fruit</i></p>	<p>3</p> <p>Spaghetti w/ Meat Sauce & Garlic Toast</p> <p>Grilled Chicken Sandwich</p> <p><i>Savory Mixed Vegetables</i></p> <p><i>Fresh Fruit</i></p>	<p>4</p> <p>Teriyaki Chicken w/ Fried Brown Rice</p> <p>Blueberry Muffin Fun Lunch</p> <p><i>Glazed Carrots</i></p> <p><i>Chilled Fruit</i></p>	<p>5</p>
<p>8</p> <p>Grilled Chicken Sandwich</p> <p>Bug Bite Fun Lunch</p> <p><i>Savoy Mixed Vegetable</i></p> <p><i>Fresh Fruit</i></p>	<p>9</p> <p>Roasted BBQ Chicken w/ Cheesy Spirals & Roll</p> <p>Cheesy Chef Salad</p> <p><i>Seasoned Broccoli</i></p> <p><i>Chilled Fruit</i></p>	<p>10</p> <p>Macho Nachos</p> <p>Chicken Ranch Wrap</p> <p><i>Seasoned Black Beans</i></p> <p><i>Fresh Fruit</i></p>	<p>11</p> <p>Hot Dog w/ Chili</p> <p>Cheese Pizza</p> <p><i>Tater Tots</i></p> <p><i>Chilled Fruit</i></p>	<p>12</p>
<p>15</p>	<p>16</p> <p>Homemade Chili w/ Roll</p> <p>Chicken & Cheese Quesadilla</p> <p><i>Roasted Sweet Potatoes</i></p> <p><i>Chilled Fruit</i></p>	<p>17</p> <p>Pulled Pork BBQ Sandwich</p> <p>Yogurt & Fruit Platter</p> <p><i>Savory Green Beans</i></p> <p><i>Fresh Fruit</i></p>	<p>18</p> <p>Pepperoni Pizza</p> <p>Chicken Cheese Steak</p> <p><i>Seasoned Corn</i></p> <p><i>Chilled Fruit</i></p>	<p>19</p>
<p>22</p> <p>Chicken Nuggets</p> <p>Garden Salad Fun Lunch</p> <p><i>Ranch Potato Wedges</i></p> <p><i>Fresh Fruit</i></p>	<p>23</p> <p>Baked Mozzarella Cheese Sticks w/ marinara</p> <p>Ham & Cheese Sub</p> <p><i>Seasoned Broccoli</i></p> <p><i>Chilled Fruit</i></p>	<p>24</p> <p>Spaghetti w/ Meat Sauce & Garlic Toast</p> <p>Grilled Chicken Sandwich</p> <p><i>Savory Mixed Vegetables</i></p> <p><i>Fresh Fruit</i></p>	<p>25</p> <p>Teriyaki Chicken w/ Fried Brown Rice</p> <p>Blueberry Muffin Fun Lunch</p> <p><i>Glazed Carrots</i></p> <p><i>Chilled Fruit</i></p>	<p>26</p>
<p>29</p> <p>Grilled Chicken Sandwich</p> <p>Bug Bite Fun Lunch</p> <p><i>Savoy Mixed Vegetable</i></p> <p><i>Fresh Fruit</i></p>	<p>30</p> <p>Roasted BBQ Chicken w/ Cheesy Spirals & Roll</p> <p>Cheesy Chef Salad</p> <p><i>Seasoned Broccoli</i></p> <p><i>Chilled Fruit</i></p>	<p>31</p> <p>Macho Nachos</p> <p>Chicken Ranch Wrap</p> <p><i>Seasoned Black Beans</i></p> <p><i>Fresh Fruit</i></p>	<p>MARCH FUN FACT!</p> <p>When people think of power, they often think of protein, but most of our energy actually comes from carbohydrates. Certain plant foods like beans, lentils, and peanuts are high in both.</p>	

Available Daily:
 1% Low Fat White Milk
 Fat Free Chocolate Milk