

What's on the Menu?

ALLEGHANY ELEMENTARY SCHOOLS: March Breakfast 2021

Monday	Tuesday	Wednesday	Thursday	Friday
1 Frosted Strawberry Poptart w/ Low Fat Mozzarella String Cheese <i>Chilled Fruit Assorted Juice</i>	2 Chicken Biscuit <i>Fresh Fruit Assorted Juice</i>	3 Whole Grain Cinnamon Roll w/ Vanilla Yogurt <i>Chilled Fruit Assorted Juice</i>	4 Sausage Biscuit <i>Fresh Fruit Assorted Juice</i>	5
8 French Toast Crunchmania <i>Chilled Fruit Assorted Juice</i>	9 Sausage Biscuit <i>Fresh Fruit Assorted Juice</i>	10 Blueberry Muffin w/ Strawberry Banana Yogurt <i>Chilled Fruit Assorted Juice</i>	11 Chicken Biscuit <i>Fresh Fruit Assorted Juice</i>	12
15	16 Chicken Biscuit <i>Fresh Fruit Assorted Juice</i>	17 Breakfast Pizza <i>Chilled Fruit Assorted Juice</i>	18 Sausage Biscuit <i>Fresh Fruit Assorted Juice</i>	19
22 Frosted Strawberry Poptart w/ Low Fat Mozzarella String Cheese <i>Chilled Fruit Assorted Juice</i>	23 Chicken Biscuit <i>Fresh Fruit Assorted Juice</i>	24 Whole Grain Cinnamon Roll w/ Vanilla Yogurt <i>Chilled Fruit Assorted Juice</i>	25 Sausage Biscuit <i>Fresh Fruit Assorted Juice</i>	26
29 French Toast Crunchmania <i>Chilled Fruit Assorted Juice</i>	30 Sausage Biscuit <i>Fresh Fruit Assorted Juice</i>	31 Blueberry Muffin w/ Strawberry Banana Yogurt <i>Chilled Fruit Assorted Juice</i>	MARCH FUN FACT! Many people wonder how vegans get enough protein, but studies show that the average person following a plant-based diet actually gets 70% more protein than they need.	

Available Daily:
 1% Low Fat White Milk
 Fat Free Chocolate Milk